

# Health & Wellbeing

## Dance

National 5



Course Length	1 year
Entry Requirements	Dance Experience
Intended Audience	S4-S6
Number of Units	4
Assignment/Added Value Unit	YES
Course Exam	YES

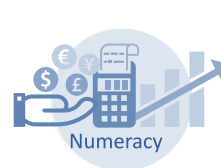
### Course Description

This course is aimed towards those who have a keen interest in dance, allowing you to develop, consolidate and further extend your technical and choreography skills through the experiences and outcomes for Dance. The course contains 3 units Jazz, Contemporary and Choreography. The course has an integrated approach to learning, with a mix of practical learning and knowledge and understanding. As you develop your technical and choreographic skills, you will also learn how to analyse the work of dance practitioners and will use this knowledge and understanding to inform and influence your creative thinking and performance. You will apply technical skills in the performance of different dance styles. You will also experiment with a range of choreographic skills and learn how to apply them imaginatively in dance.

### Expectations for Homework

Homework will be issued by your teacher and you should regularly revise key ideas and practise key skills.

### Skills Focus



### Additional Course Information

This is a practical based course that will lead onto Higher Dance. It can be selected for study as a curricular course (5 periods per week) or during core PE and WAO time (4 periods per week). There is an expectation to attend extra-curricular to improve performance skills.